



“Daring Joy” by Nicole Zasowski

Publication Date: May 1, 2025

Media Contact: Jill.Waggoner@lifeway.com

Nicole Zasowski Leads Women in ‘Daring Joy’ through Six Biblical Examples in New Study

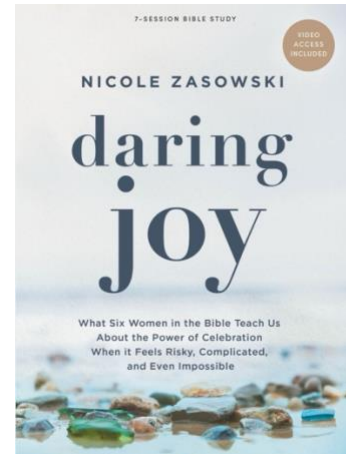
BRENTWOOD, Tenn., March 26, 2025—Despite her deep faith, Nicole Zasowski had concluded celebration was risky.

“I was sure that celebration always came with a catch, so I became practiced in praying for the miracle while preparing to mourn and dreaming while rehearsing disaster,” says Zasowski in her Bible study, “[Daring Joy](#).”

Yet, she discovered that her method of self-protection came at a cost.

“I realized that much of the loss I had experienced in my life was not only the grief and disappointment itself, but also the joy I overlooked because I was too afraid to embrace it,” she writes.

Her journey of searching the Scriptures to discover the “fullness of joy” available to God’s people led to this latest release from [Lifeway Christian Resources](#).



“[Daring Joy](#)” takes a fresh approach to studying six familiar women in the Bible—Eve, Sarah, Miriam, Mary the mother of Jesus, Elizabeth and Mary Magdalene—understanding their stories in relationship to the human experience and God’s heart for our joy.

Readers will find that God’s Word shows us time and again that the joy of the Lord has nothing to do with current circumstances and everything to do with who He is and who we are in Him. And that joy can never be taken away.

##

In operation since 1891, [Lifeway Christian Resources](#) is one of the leading providers of Christian resources, including Bibles, books, Bible studies, group curriculum, Christian music and movies, Vacation Bible School and church supplies, as well as camps and events for all ages. Lifeway is the world’s largest provider of Spanish Bibles.

Please direct interview requests to Jill Waggoner, Lifeway publicist, at jill.waggoner@lifeway.com or 615.330.6821. More high-resolution images, media assets and excerpts are available. Discussion around other content ideas is also welcome.

ABOUT NICOLE ZASOWSKI



Nicole Zasowski is a licensed marriage and family therapist and the author of “What If It’s Wonderful?” and “From Lost to Found.” As an old soul who wears her heart proudly on her sleeve, she enjoys writing and speaking on topics that merge her professional knowledge, faith and personal experience. Nicole lives in Connecticut with her husband and their three young children.

SUGGESTED INTERVIEW ANGLES AND QUESTIONS

- How can we embrace joy amidst life’s struggles?
- Why is it that some people find joy and celebration risky? Is that driven by personality or life experience or are there other reasons?
- What does it mean to hold God’s gifts without the fear of losing them?
- How does knowing God lead to more joy and celebration in our lives?
- Why can joy feel so vulnerable? What does it mean to experience “daring joy”?
- How has your experience as a marriage and family therapist informed your view of joy and celebration?
- How did your personal struggle with infertility shape this Bible study?
- Where can we find stories of joy and celebration in the Bible?
- Do you have a favorite verse or story about joy that you go to when cynicism wants to creep in?
- Why are women quick to join others in their sorrow but slow to celebrate with them in their joy?
- Was there one woman in this Bible study whose story you resonated with the most?

Please direct interview requests to Jill Waggoner, Lifeway publicist, at jill.waggoner@lifeway.com or 615.330.6821. More high-resolution images, media assets and excerpts are available. Discussion around other content ideas is also welcome.