

Simons calls men to self-examination, community, deeper faith in “The Man You’re Meant to Be”

BRENTWOOD, Tenn., Aug. 12, 2025 — In a time when cultural confusion and competing voices cloud the discussion around manhood, John Simons offers a biblically grounded, soul-searching call to men in his new release, “[The Man You’re Meant to Be: A Call of Self-Examination for Every Believer, Hypocrite, and Outsider.](#)”

“Every man is being shaped by some kind of wisdom,” Simons writes. “The question is—what kind of wisdom is forming you?”

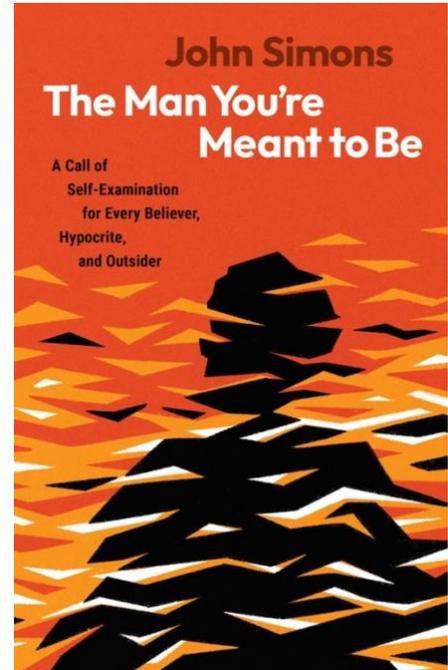
“[The Man You’re Meant to Be](#)” challenges men to reject worldly definitions of success and instead pursue the narrow road of discipleship.

Simons, who serves as the men’s pastor at Rolling Hills Community Church in Middle Tennessee, brings pastoral insight and theological depth to his work. He has utilized the book’s teachings at his church and hopes it will serve as a catalyst for growth for men’s ministries, small groups and individuals in pursuit of Christ-centered wisdom.

Simons’ message is a timely one. Barna’s “State of the Church 2025” report shows that commitment to Jesus among Gen Z men has risen sharply in recent years, increasing from 52% in 2019 to 67% in 2025, leading more men to attend church.

“The people I shepherd—I can identify with their journeys, and I can meet them in the trenches. Their stories are mine,” said Simons.

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About John Simons

John Simons is the author of “[The Man You’re Meant to Be](#)” and the men’s pastor of Rolling Hills Community Church. He received his Ph.D. in ethics & public theology at Southern Seminary, a B.A. in political science from California Baptist University, as well as a M.A. in philosophy and a M.Div. from Talbot School of Theology at Biola University. He also served as a small groups and men’s community pastor in Southern California. John and his family live in Franklin, Tennessee.

Possible Interview Questions

- Who did you write this book for?
- What are the messages from the world that men are receiving on the topic of manhood? How do they differ from what the Bible teaches?
- Where in the Scriptures do you anchor a discussion about manhood?
- How is “The Man You’re Meant to Be” reflective of your story?
- How important is mentorship in the church?
- How did your experience in men’s ministry shape this book?
- What do you hope readers take away from this book?
- How would you encourage someone who is discipling men in the church?
- What do you see are the greatest needs of Gen Z, and how can the church meet them?
- What are the applications of this book for those who are raising young men?