"The Melody of Grace" by Whitney Capps
Publication Date: September 1, 2026
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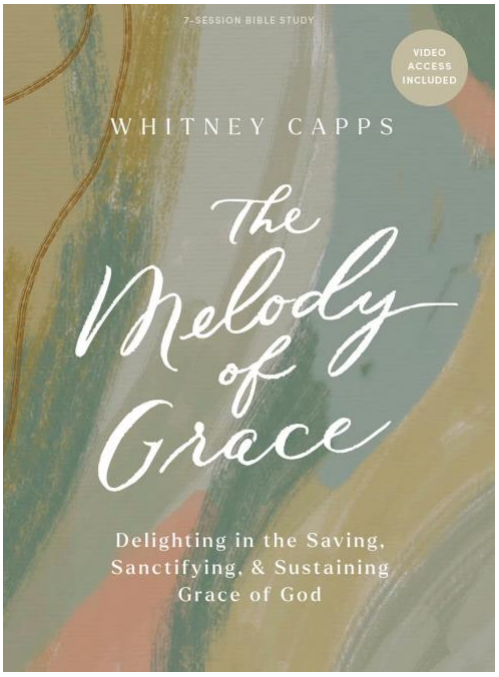
Whitney Capps invites women to discover grace of God that saves, sanctifies and sustains

Capps' cancer journey illuminates God's grace in new ways

BRENTWOOD, Tenn. July 24, 2026 — Grace is one of the most familiar words in the Christian faith, but Whitney Capps believes many Christians struggle to grasp its depth.



In her new Bible study, "The Melody of Grace: Delighting in the Saving, Sanctifying, and Sustaining Grace of God," Capps examines grace throughout Scripture and challenges participants to see it not merely as something God gives but as an expression of who He is.

"Grace isn't merely His doing. Grace is His being," she writes, "Grace is a Person. Grace is God Himself."

Drawing from years of personal study and her ongoing battle with stage 4 cancer, Capps helps readers to see how God's grace meets believers in every season of life.

"Grace has been the melody playing not just every day of this hard season, but every day of our lives," Capps writes about her own experience.

The study also incorporates classic hymns, weekly "Grace Notes" testimonies and video teaching sessions designed to reinforce each week's biblical themes, such as salvation and sanctification, as well as how grace shapes our relationships.

Additional leader resources and promotional materials are available for churches and small groups.

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About Lifeway

In operation since 1891, Lifeway Christian Resources is one of the leading providers of Christian resources, including Bibles, books, Bible studies, group curriculum, Christian music and movies, Vacation Bible School and church supplies, as well as camps and events for all ages. Lifeway is the world's largest provider of Spanish Bibles. Based in Brentwood, Tennessee, Lifeway operates as a self-supporting nonprofit. For more information, visit Lifeway.com.

About Whitney Capps

Whitney Capps is the author of "The Melody of Grace" and a national speaker for ministries including Lifeway Women, Proverbs 31, and Women of Joy. She was a pioneer writer for the Bible app, First 5, with more than 1,000,000 downloads and users. Whitney's first book, "Sick of Me" and Bible study with video curriculum, "We Over Me," were released in March of 2019. She is the co-founder of Simple Seminary, an online learning platform that helps women know and love God's Word.

Suggested Interview Questions

1. How can we extend grace to someone who is suffering?
2. Where is the theme of grace in Scripture, maybe even behind the story?
3. How does grace show up in our relationships?
4. Many Christians define grace as God's favor or receiving what we don't deserve. Why do you believe those definitions don't go far enough?
5. If participants take away one thing from this study, what do you hope that is?
6. Why did you write this study, and what do you hope women gain from completing it?
7. What is your encouragement to women in hard seasons who are considering this Bible study?
8. What would you say to someone who feels like her pain is "too small" to matter compared to someone else's story?
9. How have you learned to hear God's grace in your life?
10. How does our understanding of grace shape salvation, spiritual growth, and endurance?
11. What example of God's grace in the Bible impacted you the most?

Please direct interview requests to Jill Waggoner, Lifeway publicist, at jill.waggoner@lifeway.com or 615.330.6821. More high-resolution images, media assets and excerpts are available.