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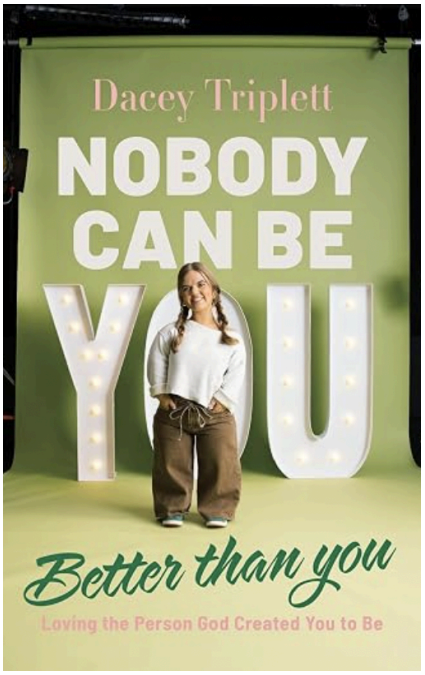
Dacey Triplett Encourages Readers to Embrace What Makes Them Different in New Book

Nobody Can Be You Better Than You invites readers to stop hiding the parts of themselves that stand out and embrace the person God created them to be



NASHVILLE, Tenn. — July 29, 2026 — Dacey Triplett has always known what it feels like to be different.

Born with achondroplasia dwarfism, Triplett grew up navigating a world that wasn't built for her — and, at times, wishing she could blend in.

In her new book, *Nobody Can Be You Better Than You: Loving the Person God Created You to Be* (B&H Books, October 13, 2026), Triplett shares how she learned to stop seeing her differences as something to hide or overcome and instead embrace them as part of who God created her to be.

"For a long time, I believed confidence would come when I finally felt like everyone else," Triplett said. "But real freedom came when I stopped trying to blend in and began trusting that my life could have purpose exactly as it is."

Through personal stories, faith and encouragement, Triplett speaks to anyone who has ever felt insecure, out of place or tempted to measure themselves against someone else.

Nobody Can Be Your Better Than You encourages readers to move beyond comparison and approval, find confidence in their God-given identity and recognize that the things that make them different may also be part of what makes their story uniquely meaningful.

Triplett's message is especially relevant in a culture shaped by constant comparison and pressure to fit in: becoming more confident doesn't require becoming more like everyone else.

"God never asked you to be anyone except the you He made you to be," Triplett writes. "Throughout my story, I hope you see that we are all different in a beautiful way, and you realize that nobody can be you better than you."

With honesty, humor and vulnerability, Triplett reminds readers that standing out does not mean falling short — and that freedom often begins when we stop trying to hide who we are.

Triplett is available for interviews and can speak to:

- Comparison: The silent epidemic for Gen Z women
- Why Biblical confidence looks different than what culture teaches
- Friend, your differences aren't accidents—they're assignments
- How to renew your mind in a comparison-driven culture
- From Insecurity to Identity: Living Like Psalm 139 Is True
- What If Your Differences Are Exactly What God Wants to Use?
- Stop Trying to Be Enough—Start Living From Who You Already Are in Christ

Nobody Can Be You Better Than You: Loving the Person God Created You to Be features a foreword by Grace Valentine and will be available nationwide October 13, 2026.

Dacey Triplett is a small town girl from Ferguson, NC who was born into a world not made for her. She was unexpectedly born with achondroplasia dwarfism and didn't always understand why God chose her to be different. Through falling more in love with God, she began to fall in love more and more with the Dacey that He made her to be. She realized that she isn't that different after all, she's just a girl who loves Jesus, traveling, fashion, and coffee that has a unique perspective on life.

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