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Megachurch Pastor Robby Gallaty Shares How Spiritual Burnout Led Him Back to Hearing God's Voice

'Wait / Hear' invites weary believers to move from striving to stillness

BRENTWOOD, Tenn., June 15, 2026 — In the fast pace of day-to-day life, it can be easy to let distractions drown out the voice of God. Pastor Robby Gallaty, senior pastor of Long Hollow Church, empowers believers to attune their hearts to the Lord's voice in his new book, *Wait / Hear: Recapturing the Lost Art of Hearing God's Voice* (B&H Publishing Group, September 2026).



As a self-professed activity addict, Gallaty fell for the lie that spirituality is measured by the speed of one's schedule and scope of ministry. The noise in his life became so overwhelming that he couldn't hear the one voice that mattered the most: God's. *Wait / Hear* is a personal reflection through one of the most challenging seasons in Gallaty's life and ministry. Long Hollow's attendance had decreased by nearly half heading into the COVID-19 pandemic, leading Gallaty to the realization that something needed to change, and it began with seeking personal revival in his life.

"I'd love telling you the reason revival came to Long Hollow Church was because we had reached a level of maturity that God found worthy of His use," said Gallaty. "But revival came because we were desperate. I was out of sorts and out of solutions—desperate enough to know I had nothing to say if I wasn't hearing from Him."

Through sitting with the Lord, Gallaty experienced breakthrough simply by being silent, patient and attuned to God's voice. When he slowed down, he realized that God desired one thing: his full attention.

"From my seat on the porch, I was slowly becoming more aware of His desire for my company," said Gallaty. "Rather than implementing another program, rather than by memorizing another method, God makes Himself known to us by simply making the space to spend time with Him."

Drawing upon a variety of spiritual practices, including silence and solitude, Gallaty cultivated an even deeper relationship with God. He shares these tools with readers as a guide, hoping it sparks spiritual breakthroughs.

“This book contains a number of disciplines the Holy Spirit brought to my attention to get my desperate heart receptive to the direction He longs to provide,” write Gallaty. “I’ve field-tested these principles and activities I’m writing about. And if you’ve finally heard enough of all that inner condemnation of yours and the mass confusion of the world, I believe you’re ready to try something that can cultivate an ear for hearing from God.”

Gallaty shares that this book is more than just a resource filled with spiritual practices. It’s a vulnerable confession with a powerful reminder that the God of the universe is always speaking, just waiting for His people to listen.

“I’ve never felt less qualified to put words on a page,” writes Gallaty. “And yet I’ve never felt more determined, more driven—more desperate—to walk together with you under an open sky, with open hands before our ever-present Lord, and wait with open ears to hear what His Holy Spirit would say to us.”

Wait / Hear releases September 22, 2026, from B&H Publishing Group. For more information, visit https://www.bhpublishinggroup.com/product/wait-hear.

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About Robby Gallaty



Robby Gallaty (MDiv, PhD, New Orleans Baptist Theological Seminary) is the Senior Pastor of Long Hollow Church in Hendersonville, Tennessee, and the author of multiple books. He was radically saved from a life of drug addiction on November 12, 2002. In 2008, he formed Replicate Ministries to empower churches to activate their unique disciple-making movement. Robby and his wife Kandi have two sons, Rig and Ryder.

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Topics of Expertise

- How to listen for God's voice amid busyness and distractions
- Advice for believers who feel like God has gone silent in their lives
- How church leaders can avoid burnout and instead experience spiritual renewal
- Implementing spiritual practices that create space to hear from God
- Navigating droughts of faith
- The risks of prioritizing productivity over presence with the Lord

Suggested Interview Questions for Robby Gallaty, Author of "Wait / Hear"



1. What compelled you to share your journey to finding God's voice in *Wait / Hear*?
2. Can you share more about the state of Long Hollow before the revival and what you found to be the turning point for both you and the church?
3. How can believers cultivate patience and stillness in our increasingly fast-paced culture?
4. You share several spiritual practices for believers to help them hear from God. Which one of these practices do you find the most helpful for your personal relationship with the Lord?
5. What is your advice to someone navigating a drought in their faith?
6. You said, "Every great movement of God begins by not moving." What does that phrase mean, and how does this apply to both church leaders and their congregants?
7. Everyone's lives are busy and it's easy to get caught up in distractions. What are some practical things you encourage believers to do when life feels overwhelming?
8. Beyond burnout, what are some of the risks that come from prioritizing busyness over sitting still before the Lord?
9. What do you hope readers take away from your experiences out on the porch?
10. Where can people go to learn more about *Wait / Hear*?